

FACT SHEET

Family Mediation

KEY CONTACT



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Mediation aims to help couples find a solution that meets the needs of the whole family and feels fair to each of them. It can help reduce tension, hostility and misunderstandings and so improve communication.

Our Team is committed to helping you find fair, workable and lasting solutions to matters arising from your separation.

What is Mediation?

Mediation is a chance for you to discuss with each other your particular issues and options for the future. These meetings are managed and assisted by properly trained professionals to ensure that you are able to communicate in a safe and neutral environment. The mediator will provide a structure for these discussions that allows you to reach personalised solutions that are right for your particular needs.

KEY CONTACT



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The Benefits

Mediation can prove to be a positive process in many ways. It works by a way of a series of voluntary and confidential meetings with both participants where the mediator provides support and assistance for your discussions. You have control over both the timescale and the outcome of the meetings, encouraging positive communication between you. You can also involve other experts in meetings, such as financial professionals who remain neutral throughout.

Mediation can help you in resolving issues such as:

- » Telling your children you are separating;
- » Working out who starts a divorce
- » Working out arrangements for your children, including a parenting plan
- » Working out the financial arrangements.

Any proposals you make are binding only once you have had a chance to take independent legal and financial advice and they are converted into legally binding agreements by your lawyers.

It is important to remember that engaging in mediation does not prevent you from seeking independent legal advice at any stage of the process. In every case we recommend that you speak with a family lawyer to fully understand your position. We can then advise you of the best options for you and recommend appropriate mediators.

This fact sheet has been provided for information purposes only and should not be construed as legal advice. Whilst every effort has been made to ensure that the information in this fact sheet is correct (as at February 2023), it is intended as a guide only and should not be relied upon. Specialist legal advice should be sought so that all the factors specific to your circumstances can be taken into account.